



There are many questions you should be asking yourself as a worker or union health and safety representative. You have a vital role in keeping your members and workplace healthy and safe. Here are some key points to help you do your job.

TRAINING

	Am I certified/trained to applicable government OHS standards?		
	Am I aware of the industry standards related to my workplace?		
	Who did my OHS training? Was it employer or worker-centred training? Am I competent in understanding my role?		
	Have I been trained in all of my union's safety training programs?		
	Do I maintain my skills and training on a regular basis by taking refresher courses?		
	Do I pursue additional OHS training above minimum government standards?		
GENERAL QUESTIONS			
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GENERAL QUESTIONS			
	Am I improving overall health and safety conditions in the workplace?		
	Am I raising the awareness of health and safety issues in the workplace?		
	Am I identifying potential health and safety issues and bringing them to the employer's attention?		
	Am I making recommendations to the employer to address risks?		
	Does my collective agreement contain specific health and safety language related to my role in the workplace?		
	Is my employer cooperating with me?		
	Am I being consulted in regards to workplace health and safety programs or new chemicals coming into the workplace?		
	Am I being given an opportunity to speak to workers who are not happy with their OHS responses from issues raised to the employer?		

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	Do I document everything that I do and am I given paid time to do so?
	Do I file and maintain all received documentation in a controlled and locked location?
	Am I able to access historical safety information or data from my predecessors?
	Am I giving a report on workplace safety to my local union at meetings, on line or in print?
IN	ISPECTIONS
	Am I inspecting the workplace once a month? Is this a partial or full inspection? Am I writing up the reports, delivering them to the employer, making recommendations and receiving feedback?
	Am I reviewing all employer programs related to health and safety?
	Harassment and violence programs?
	Designated substance reviews?
	Employee screening programs?
	WHMIS/GHS programs?
	COVID-19 related programs?
	Am I inspecting chemical storage across the workplace?
	Am I speaking to workers during my inspections and utilizing their intimate knowledge of their work areas while looking for hazards?
	Am I inspecting safety training matrices and completion statistics?
J	DINT OHS COMMITTEES AND MEETINGS
	Who is my company OHS counterpart? Are they accessible? Are they honest/trustworthy? Are they trained to the correct standards?
	Am I a member a Joint Safety Committee?
	Does my workplace have a multi workplace committee or policy committee?
	Does our OHS committee have a terms of reference (ToR)?
	Are we having monthly or regular OHS meetings?
	Are JH&SC member names and contact information properly posted in the workplace?
	Is my employer supporting the OHS committee?
	Do I get ample time for OHS meetings and all of my other health and safety related duties?
	Do I get meeting preparation time paid?

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issues?

■ Am I co-chairing the meeting?				
■ Who sets the meeting agenda?				
■ Who sets the time of the meeting and am I involved in	n meeting planning?			
☐ Are the meetings on a regular schedule?				
Are copies of the meeting minutes made available to e	everyone?			
■ Who writes the meeting minutes?				
■ Do I agree with the meeting minutes in their written for	orm?			
TRANSFER OF INFORMATION - NOTIFICATION				
	Am I getting correct information from the employer regarding health and safety in the workplace?			
	Am I being informed of health and safety developments in the workplace by the employer?			
	Am I being consulted during any biological, chemical or physical hazard exposure testing in the workplace?			
	Am I given information concerning tests of equipment, machines, devices or articles?			
	Am I being consulted with in regards to health and safety programs like WHMIS-GHS training or designated substance programs?			
■ Do I have copies of all reports related to health and sa	fety occurrences in the workplace?			
■ Do I have all copies of Ministry of Labour documentat	ion left at the workplace after inspector visits?			
☐ Am I being notified of occupational diseases or injuries	s caused by accidents, fires, or workplace acts of violence?			
INVESTIGATIONS				
■ Am I attending and investigating accident investigatio	ns that result in critical injuries or fatalities?			
■ Am I receiving information concerning sources of dans	ger from workers? Am I investigating these issues and are			

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these issues being reported to the employer? Is the employer acting on my recommendations to resolve these



WORK REFUSALS

Do I fully understand the work refusal procedure in my jurisdiction?
Do my members fully understand the work refusal procedure?
Does management understand their role in work refusal procedure?
Am I attending all work refusals?
Do I agree with the work refusal report and do I keep all documents related to work refusals of local union members in an accessible and transferrable file?
Am I investigating alongside government inspectors investigating work refusals in my workplace?
Do I have the right to a bilateral work stoppage with my certified co-committee chair? (Ontario)

For any questions related to this list, talk to your local union leadership, your National Union Representative or the National's Health, Safety and Environment Department.



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