



## **Tears To Hope Relay FAQ**

### **1. What is the Tears to Hope relay?**

The relay race was created five years ago by the [Tears to Hope Society](#), whose goal is to provide support to the families of missing and murdered Indigenous women, girls and two-spirit relations (MMIWG2S). This year Unifor has partnered with the Society to hold solidarity run/walks across the country where Unifor teams have signed up. Our goals are to raise awareness around the serious issue of MMIWG2S, and to support the families and community by raising funds for the Tears to Hope Society. Ultimately, we would like to raise enough to build a healing lodge in the area.

### **2. How to Register – teams and individuals**

Visit [this page](#) to sign up your local team (or yourself, if you don't have a team). Registration is \$50 per team. Every participant is also asked to contribute \$50 either through personal donation, fundraising or through direct donation from their local union. Each team is being asked to keep a list of all participants.

After you've registered online, please also check in with your Unifor Area Director to ensure that we have the most up-to-date information as soon as possible and so that we can share more details as the date gets closer. We are hoping locals will work together to hold events in their areas where possible and will be sharing contact information of area organizers and locations as it becomes available.

### **3. Why is it a “relay”?**

Team members do not have to walk/run the entire distance. You can split the distance up between team members to make it more manageable.

### **4. Can we donate more money than \$50 per participant?**

Yes! All supplementary donations are encouraged!! Download [this pledge form](#) if you would like a sheet to fill out.

### **5. How do we send the money?**

Please send a cheque addressed to Unifor c/o Pedro Cristovao to the Unifor national office 115 Gordon Baker Rd, Toronto, ON M2H 0A8. Please have the memo line state: Tears To Hope. All donations will be sent to the Tears To Hope Society.

### **6. I missed the May 15 deadline for ordering t-shirts through Unifor. Can I order my own?**

Yes. Be sure to tell your printer you need shirts in-hand by race day, Saturday June 17. The artwork must be printed on white t-shirts using red ink. [Download the artwork here](#).

**7. Can we submit photos to show our solidarity for the Tears To Hope Relay?**

Yes. You can send us your group photos and selfies on the day of the relay. Photos can be sent to [communications@unifor.org](mailto:communications@unifor.org).