**Links for UNIFOR**

September 2022

**Claim Principles**

**Types of Benefits:** [Employment Insurance benefits - Canada.ca](https://www.canada.ca/en/services/benefits/ei.html)

**Filing a claim for benefits:** [EI regular benefits: Apply - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html)

**Documents required to support your application:** [EI regular benefits: Apply - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html#h2.01) Go to: *Before starting your claim*

**Record of Employment:** [EI regular benefits: Apply - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html#h2.01) Go to: Provide supporting documentation

**What to expect after filing a claim:** [EI Regular Benefits - After you apply - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/after-applying.html)

**Interruption of Earnings:**

* [EI Regular Benefits - Do you qualify - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/eligibility.html)
* [EI sickness benefits: Do you qualify - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-sickness/qualify.html)
* [EI maternity and parental benefits: Eligibility - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-maternity-parental/eligibility.html)
* [Caregiving benefits and leave: Eligibility - Canada.ca](https://www.canada.ca/en/services/benefits/ei/caregiving/eligibility.html)

**Rights and Responsibilities:** [EI Regular Benefits - While on EI - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/while-receiving.html#h2.12)

**Qualifying Period/Extension of the Qualifying Period/Insurable Hours required to qualify:** [EI Regular Benefits - Do you qualify - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/eligibility.html) Go to: *You Need at least 420 hours of insurable employment to qualify for EI*

**Variable Entrance Requirement**: [Employment Insurance Act (justice.gc.ca)](https://laws-lois.justice.gc.ca/eng/acts/E-5.6/page-2.html#h-215831) Go to: EIA 7(2)

**Commencement Date of Claim/Antedates/Benefit Period/Extension of the Benefit Period/Terminating & Cancelling a Claim:** [Employment Insurance Act (justice.gc.ca)](https://laws-lois.justice.gc.ca/eng/acts/E-5.6/page-2.html#h-215831)  [Go to: EIA 10(1) – (10)](https://laws-lois.justice.gc.ca/eng/acts/E-5.6/page-2.html#h-215911)

**Benefit Rate:** [EI Regular Benefits - How much could you receive - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/benefit-amount.html)

**Maximum Entitlement Weeks:**

* ***Regular:*** [EI Regular Benefits - How much could you receive - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/benefit-amount.html#h2.02) Go to: *You can get benefits for up to a maximum of 45 weeks*
* ***Sickness:*** [EI sickness benefits: What these benefits offer - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-sickness.html)
* ***Maternity and Parental:*** [EI maternity and parental benefits: What these benefits offer - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-maternity-parental.html) See: *Maternity and parental benefits overview*
* ***Caregiving Benefits:*** [Caregiving benefits and leave - Canada.ca](https://www.canada.ca/en/services/benefits/ei/caregiving.html) Go to: *3 types of caregiving benefits*

**Waiting Period:** [EI Regular Benefits - After you apply - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/after-applying.html#h2.02) Go to: *When Payments Start – Waiting Period*

**Earnings:** [Employment Insurance (EI) and the various types of earnings - Canada.ca](https://www.canada.ca/en/services/benefits/ei/various-types-earnings.html) and

 [Employment Insurance (EI) earnings Chart - Canada.ca](https://www.canada.ca/en/services/benefits/ei/earnings-chart.html)

**Allocation of Lump Sum Payments:** <https://www.canada.ca/en/services/benefits/ei/various-types-earnings.html#Choosin>

**Working While on Claim:** [Employment Insurance – Working While on Claim - Canada.ca](https://www.canada.ca/en/employment-social-development/programs/ei/ei-list/working-while-claim.html)

**Availability:** [EI Regular Benefits - While on EI - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/while-receiving.html#h2.12)

**Benefit Repayment:** [Line 23500 – Social benefits repayment: Employment insurance (EI) benefits repayment - Canada.ca](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/line-23500-social-benefits-repayment/line-23500-employment-insurance-ei-benefits-repayment.html)

**Protecting the Integrity of the Fund**

**Overpayments:** [Employment Insurance (EI) and overpayments - Canada.ca](https://www.canada.ca/en/employment-social-development/programs/ei/ei-list/overpayments.html)

**Penalties:** [EI Regular Benefits - While on EI - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/while-receiving.html#h2.09) Go to: *You may be penalized if you make a false statement*

**Violations:** [EI Regular Benefits - While on EI - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/while-receiving.html#h2.09) and [Digest of Benefit Entitlement Principles Chapter 18 - Section 5 - Canada.ca](https://www.canada.ca/en/employment-social-development/programs/ei/ei-list/reports/digest/chapter-18/calculating-claimant-penalty.html%22%20%5Cl%20%22a18_5_10) See: *18.5.10*

**Increased Entrant Requirements Table:** [Employment Insurance Act (justice.gc.ca)](https://laws-lois.justice.gc.ca/eng/acts/E-5.6/page-2.html#h-215831) Go to: *EIA 7.1(1)*

**When you Disagree with a Decision on your Claim**

**Requesting Reconsideration:** [EI Reconsideration - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-reconsideration.html)

**Request for Reconsideration Form:** [Form Detail (servicecanada.gc.ca)](https://catalogue.servicecanada.gc.ca/content/EForms/en/Detail.html?Form=INS5210)

**Appealing to the Social Security Tribunal (SST):** [Home | Social Security Tribunal of Canada (sst-tss.gc.ca)](https://sst-tss.gc.ca/en)

**How Can I Support My Members?**

**Making enquiries on behalf of your members:** [EI Reconsideration - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-reconsideration.html) Go to: *You can authorize another person to access information*

**Programs, Initiatives & Legislative Changes**

**Work-sharing:** [Work-Sharing agreement - Overview - Canada.ca](https://www.canada.ca/en/employment-social-development/services/work-sharing.html)

**Workforce Reduction Process:** [Work force reduction program due to downsizing - Canada.ca](https://www.canada.ca/en/employment-social-development/programs/ei/ei-list/ei-employers-workforce-reduction.html)

**Income Support for Parents of Young Victims of Crime:** [Canadian Benefit for Parents of Young Victims of Crime Brochure - Canada.ca](https://www.canada.ca/en/employment-social-development/services/parents-young-victims-crime/brochure.html)

**End of Budget 2021 Temporary Measures:** [EI Regular Benefits - What these benefits offer - Canada.ca](https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit.html) Go to: *End of temporary changes*

**Contact us:**

* Call: **1-800-206-7218**
* Click: [**www.Canada.ca**](http://www.canada.ca/)
* Visit: Local Service Canada Centre
* **1-800-O-CANADA**