

ARC Executive Meeting Minutes

Atlantic Regional Council 2026



Atlantic Regional Council Executive Meeting

May 4, 2025

In Attendance

Archie Maclachlan, Vice-Chair

Adele Jackman, Treasurer

Gary Pinsent

Fred Riley

Angela Downey

Adam Costain

Mark Andrews

Lorina Murphy

Brian Murphy

Jennifer Murray

Mike MacMullin

Guests

Karl Risser

Johan Joensen

Carrie Williams

Marisa Frenette

Discussion Items

- Jennifer Murray opens meeting with congratulations and welcome to newly elected members of the Executive (Mark and Lorina).
- Discussion of successes and opportunities from ARC 2025
- Karl Risser and Johan Joensen present on work being done to open St. John's Seafarers Mission
 - Request for donation discussed and Executive asks Karl to come back with more details on specific needs and how funds might be used

June 23, 2025

In Attendance

Archie Maclachlan, Vice Chair

Adele Jackman, Treasurer

Gary Pinsent

Angela Downey

Fred Riley

Mark Andrews

Adam Costain

Brian Murphy

Jennifer Murray

Mike MacMullin

Discussion Items

- Jennifer Murray opens meeting by welcoming newly elected members-at-large and newly elected vice-chair
- Roles of Executive Committee Members are discussed
- Follow-up on St. John's Seafarers Mission
 - Consensus reached that the mission does not currently need the type of support that the ARC is able to give. Executive will continue to get updates from ITF Coordinator Karl Risser and look for ways to support Seafarers Mission's work.
- Appointment of Regional Liaisons to standing committees
- Discussion of committee budgets and spending guidelines
- BIWOC Committee Vacancy Discussion
 - Helen Massica to be appointed to committee, on recommendation of BIWOC Committee members
- CCPA-NS Donation approved for another year, with request for National to match
- Discussion of upcoming summer events and engagement opportunities

July 31, 2025

In Attendance:

Archie MacLachlan, Vice-chair

Adele Jackman

Adam Costain

Gary Pinsent

Brian Murphy

Angela Downey

Jennifer Murray

Shelley Amyotte

Guests:

Krista Lindsay

Shannon Sampson

Lana Payne

Peter Kennedy

Discussion Items

- Jenn opens meeting by welcoming Lana and Peter and explaining the reasoning behind this meeting to help the Executive better understand the intended structures of Unifor.
- Lana Payne swears in Krista Lindsay, new Workers with DisAbilities chair for the Atlantic
- Discussion of Unifor structure and intentions of voting system set up at founding
- Mike MacMullin gives insight into former CEP structure and it's pitfalls for the Atlantic Region
- Jenn speaks to the unity embedded in Unifor's current structure and points to national efforts on Autoport strike in 2024.

February 18 & 19, 2026

In Attendance

Morgan Palmer, ARC Chair
Archie Maclachlan, ARC Vice Chair
Adele Jackman, Treasurer
Lorina Murphy
Fred Riley
Angela Downey
Luke Woodsworth
Adam Costain
Brian Murphy
Jennifer Murray
Haeley DiRisio

Guest

Laura Garvey-Doucette

Discussion Items

- Jennifer Murray opens the meeting and introduces new Communications Representative Haeley DiRisio.
- Jenn gives an overview of recent work and events happening across the region
- Executive members give updates on their locals/regions
- Laura Vickery gives update on secured contracts for upcoming ARCs
- Planning discussion for ARC 2026, including discussion of themes, possible speakers, important topics to be addressed and swag.
- Adele provides financial update so that Executive members have context for donation requests
- Donations Approvals
 - YWCA St. John's
 - Mayworks Halifax
 - We're Here for You Canada
 - NB Pay Equity Coalition
 - Saint John Area Council of Unions
 - Halifax Retired Workers
 - Teen Resource Centre (Saint John)
 - CCPA- NS
- Discussion of Committee spending frameworks and approval processes
 - Laura V to create request form and circulate for input and approval
- Discussion of upcoming events in the region