You are the Union.

Every day, many hundreds of rank-and-file members dedicate their time and efforts to building our union and championing causes close to their hearts. There are many ways to get involved, so you can find something that works with your interests and with your work and family life.

Unifor members in communities across Canada organize events for Pride, International Women’s Day, Labour Day and many other equity-based or cultural events and social events. There is a family of workers waiting to welcome you at your Local and in your community.

For more information about how to get involved in your Local, contact your Local President.

To find your Local please visit the Unifor website and go to unifor.org/locals.

To ensure that you stay informed and involved in the work of the national union be sure to supply your up-to-date contact information (email and mailing address) to Unifor.

Visit unifor.org/subscribe to stay connected.
Unifor was built to be a political force in Canada. Why, you ask? It is because politics affects every corner of our lives, from the rights we defend and gain for workers and their families, to how members of equity-seeking groups are included, heard and represented in our society, and so much more.

**As a political union, we have already seen what our activism can do.** Where right-wing governments have attempted to slash or sell off the public sector, Unifor has defended good jobs in health care and social services that we all depend on. Where anti-worker politicians have made empty promises to working people, Unifor has shown what their policies will really mean for our communities and our economy. Unifor has been politically active to change governments and together the union makes a difference.

Our voice is a progressive counter-balance to the influence of the rich and of large multi-national companies. While big business is always focused on making a profit – our number one goal is to make sure people are respected and treated fairly. It’s about getting a fair share for workers!

Remember, weekends and holidays, same-sex benefits and so many other rights we now consider ‘normal’ didn’t exist until unionized workers demanded them. We’ve come a long way, but we must still fight for equal pay, for fair wages, for good public health care and child care and for so many other things that will make our communities healthier and stronger.

Unifor is political force. The union is a way to have your voice heard and stand up for everyday working people and their families. To find out more about our activism, write to [politicalaction@unifor.org](mailto:politicalaction@unifor.org).

Take action and check out Unifor campaigns at [unifor.org/action](http://unifor.org/action).