

Can you spot the sexism? Snapshots from real life



Sexism is everywhere.

Daily life can be full of sexist interactions. The good news is that with some work, it can be stopped. Don't stay silent, speak up and play a role in ending sexism and violence against women and girls.

- **Sexist jokes** are not funny, they are hurtful and degrading. Be sure to speak up, don't stay quiet.
- **Challenge your own assumptions** about gender. Question your own attitudes and behaviours.
- **Get active** in your community, challenge local leaders when they don't measure up on commitments to women's equality.
- **If you're a Unifor member**, urge your bargaining committee to negotiate the Women's Advocate Program to support women leaving abusive relationships.
- **Get active**, join your local women's or human rights committee.